



# BSc MENTAL HEALTH NURSING



**5TH IN THE UK**  
FOR NURSING AND MIDWIFERY  
COMPLETE UNIVERSITY GUIDE, 2019

**WORLD CLASS RESEARCH**  
IN THE LATEST RESEARCH EXCELLENCE FRAMEWORK,  
92 PER CENT OF OUR OVERALL RESEARCH IN ALLIED  
HEALTH PROFESSIONS AND NURSING WAS ASSESSED  
AS BEING OF 'WORLD-LEADING' OR 'INTERNATIONALLY  
EXCELLENT'

RESEARCH EXCELLENCE FRAMEWORK, 2014 (REF 2014)

One-quarter of the UK population will suffer from mental health problems at some point in their lives. Illnesses can come in many shapes and forms. It affects people of all ages and from all backgrounds. It is often complex and demanding - dealing with the human mind is not an exact science. Being able to offer specialist care and support in someone's hour of need can be hugely rewarding. Becoming a specialist mental health nurse will give you the skills needed to make a real difference in many people's lives.

## THE COURSE

- **Integrated theory and practice:** the clinical experience you gain from your placements is backed up by seminars, lectures and small group work, as well as the use of simulation in teaching and virtual learning tools.
- **Leading the way in nurse education:** learning in practice is a vital component of student nursing at UEA. Our Collaborative Learning in Practice (CLiP)<sup>®</sup> project is one example of our innovative and supportive coaching philosophy that has been endorsed nationally.
- **Superb teaching and facilities:** our School has excellent facilities and teachers with a reputation for excellence.
- **Fully approved:** this course has been fully approved by, and prepares you for registration with the Nursing and Midwifery Council (NMC).

## KEY ATTRIBUTES

To excel as a Mental Health Nurse you'll need personality and strength of character. Your strong communication skills will be fundamental in helping people through mental health issues. You will also need to be able to empathise with others, show warmth and understanding.

## YOUR CAREER

You could be based in a community setting, hospital or out patients department - there are also specialist units around the UK too. As a specialist Mental Health Nurse you will very often be working as part of a team to deliver a holistic approach to a person's health and well-being.

## FREQUENTLY ASKED QUESTIONS

### WHAT IS THE NHS CONSTITUTION?

All students who join our School must be able to identify with the NHS Constitution, which is embedded into all of our programmes. As part of our recruitment process, the values of the NHS Constitution will be explored at interview, alongside the '6 C's', with successful candidates demonstrating how these are reflected in their own beliefs.

[www.nhs.uk/NHSEngland/thenhs/about/Pages/nhscoreprinciples.aspx](http://www.nhs.uk/NHSEngland/thenhs/about/Pages/nhscoreprinciples.aspx)

### WHAT ARE THE INTERVIEWS LIKE?

The interview lasts approximately 30 minutes and follows a mini-interview format. The selection process will consist of a subject talk and interview. We will also check the documents you are asked to bring with you on the day.

[www.uea.ac.uk/study/undergraduate/visit/interview-days](http://www.uea.ac.uk/study/undergraduate/visit/interview-days)

### WHAT IS AN OCCUPATIONAL HEALTH AND DBS CHECK?

All successful applicants will be required to complete a satisfactory Occupational Health and Disclosure and Barring Service (DBS) check.

Once you have been made an offer we will forward further information to you to let you know what you need to do.

[www.uea.ac.uk/disclosure](http://www.uea.ac.uk/disclosure)

[www.umsuea.co.uk](http://www.umsuea.co.uk)

### WHAT ARE GOOD EXAMPLES OF WORK EXPERIENCE?

Work experience is a great way of seeing what it's like working in the health service and showing your commitment to your future mental health nursing career. If you are able to get some work experience relevant to mental health it would give you a very good insight into possible careers – however we do also look at other types of work experience and voluntary work undertaken that demonstrates you have some of the key attributes that nursing employers look for in their staff.

[www.nhs Careers.nhs.uk/explore-by-who-you-are/teachers-and-careers-advisers/work-experience/](http://www.nhs Careers.nhs.uk/explore-by-who-you-are/teachers-and-careers-advisers/work-experience/)

[www.stepintothens.nhs.uk/work-experience](http://www.stepintothens.nhs.uk/work-experience)

### ARE THERE ANY USEFUL RESOURCES YOU WOULD RECOMMEND?

The NHS is a valuable source of information when you're researching what career you would like to follow: [www.nhs Careers.nhs.uk](http://www.nhs Careers.nhs.uk)

You might also like to look at:

Nursing and Midwifery Council: [www.nmc.org.uk](http://www.nmc.org.uk)

The Nursing Times: [www.nursingtimes.net](http://www.nursingtimes.net)

### HOW IS THE COURSE TAUGHT?

You will receive a high level of education drawn from the latest research, theories, practice and techniques. In addition, our state of the art, purpose built facilities will provide you with an excellent learning environment. The course uses a blended learning approach which includes lectures, seminars, student-led learning, simulated practice and Enquiry Based Learning (EBL). The majority of learning will take place in small tutorial groups. EBL often explores different real life scenarios in packages of learning. For example, in enquiry based learning packages you will identify issues raised for an individual and those close to them, gather relevant information to address the issues and agree an action plan to meet any unmet needs.

The course involves approximately 50% theory and 50% practice. During the taught sessions, the timetable involves full time attendance, whilst placement shifts are up to 12 hours in duration. These follow a 24/7 pattern including weekends and nights.

### WHO WILL I BE TAUGHT BY?

You will be taught by a group of supportive, dedicated lecturers who are all experts in their chosen area. The university also actively encourages research and excellence, and the school has a great reputation for delivering world-class research and teaching.

### WHAT IS INTERPROFESSIONAL LEARNING?

Interprofessional learning will enable you to practice and develop the skills required to work as part of an effective interprofessional team by encouraging collaboration on practical tasks, case scenarios and presentations.

[www.uea.ac.uk/centre-for-interprofessional-practice](http://www.uea.ac.uk/centre-for-interprofessional-practice)

### WHAT CAN I EXPECT FROM MY PLACEMENTS?

We offer a diverse range of placements to give you a real insight into the areas you might go into when you graduate. You will spend time in a variety of settings, interacting with patients, clients and families, where you will apply and develop your practice skills under the supervision of highly-skilled and experienced professionals. By the end of your course, the placement experiences will have allowed you to build an individual placement profile demonstrating you have undertaken the necessary time in practice required by the Nursing and Midwifery Council (NMC) to allow professional registration as a Mental Health Nurse. Please note: You will be required to travel both to and from your placement area, which may be located anywhere within the region. At the end of the second year you may also have the opportunity to organise voluntary experience spending up to three weeks observing healthcare practice locally, nationally or internationally. This is an opportunity to pursue a particular interest related to your programme that you would not normally cover during your course. Read about our student's experiences:

[www.uea.ac.uk/brilliant/going-the-extra-miles](http://www.uea.ac.uk/brilliant/going-the-extra-miles)

### ARE THERE ANY OTHER OPTIONS TO STUDY?

Yes. There are many other strands of nursing you may wish to consider. We also run courses on Learning Disabilities, Adult and Children's Nursing, alongside other health courses such as Midwifery and Paramedic Science.

### ACCESS FOR ALL

We have an excellent track record in helping students from a wide variety of backgrounds reach their full potential. Additional support is available, and our admissions team is on hand to help.

<https://portal.uea.ac.uk/dos>

[www.uea.ac.uk/study/undergraduate/mature-students](http://www.uea.ac.uk/study/undergraduate/mature-students)

### WHAT IS THE ACCOMMODATION LIKE?

Research shows that we have some of the best value student accommodation when comparing prices across the country's top 30 universities. Our campus has shops, restaurants and a music venue within a short walk of our student accommodation. More information: [www.uea.ac.uk/accommodation](http://www.uea.ac.uk/accommodation)

### HOW MUCH DOES THE COURSE COST?

From September 2017, students will pay course fees and be able to apply for maintenance and tuition loans in the same way as most other degree programmes. Tuition fees are £9,250 for courses starting in September 2018.

[www.uea.ac.uk/study/undergraduate/finance/fees-loans-grants](http://www.uea.ac.uk/study/undergraduate/finance/fees-loans-grants)

[www.uea.ac.uk/study/undergraduate/degree/detail/bsc-mental-health-nursing](http://www.uea.ac.uk/study/undergraduate/degree/detail/bsc-mental-health-nursing)

### HOW DO I APPLY?

Apply online at [www.uea.ac.uk/study/undergraduate/apply](http://www.uea.ac.uk/study/undergraduate/apply)

If you have any questions about your application:

Email: [admissions@uea.ac.uk](mailto:admissions@uea.ac.uk) / Telephone: 01603 591515